



**Mental  
health  
research**

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## **Opportunity for a Lived Experience Expert to be part of a 2-day digital mental health expert meeting in Rome, 26-27 October 2023**

MQ has been invited to attend a 2-day expert meeting in Rome to discuss the recent advances and innovations in digital mental health with a specific focus on digital and precision psychiatry. At the event researchers will come together to present their findings in this area of research and discuss concrete next steps to drive progress. This will include summarising the plans in a paper to be submitted in a high-impact journal.

### **The role**

It is important that the perspective of people with lived experience is represented at this meeting.

Therefore, MQ are recruiting a Lived Experience Expert to:

- Work with the representative from MQ, Lea Milligan to co-produce a joint presentation for the meeting about patient and public involvement in digital mental health (*1 day- pre-meeting*)
- Attend the 2-day meeting in Rome and participate in the debrief and discussion (*2 days-You will fly to Rome on the morning of the 26th, stay overnight and fly back in the afternoon/evening of the 27th.*)
- Work collaboratively with the CEO of MQ, Lea Milligan to co-author the paper (*1 day-post meeting*)

### **Who are we looking for?**

We are looking for someone with lived experience of mental health conditions and of using digital mental health interventions. We particularly encourage applications from those from underrepresented groups. The event and subsequent paper will focus on implementing digital solutions across Europe and we are therefore looking to recruit someone with relevant experience of PPI or digital mental health in this context. You will need to be able to attend the two-day meeting in-person.

### **Payment and Expenses**

You will be reimbursed for **four days** of work in total (this includes the time working on the presentation and paper along with attendance at the meeting) in line with [the National Institute of Health Research \(NIHR\) Guidelines](#). All expenses including travel and accommodation will be paid. \*

**If you would like to apply for this role, then please contact Lea Milligan - [lmilligan@mqmentalhealth.org](mailto:lmilligan@mqmentalhealth.org) by 30<sup>th</sup> June 2023 submitting a single, max 3-page document with a covering note and CV**

\* Nb. Please ensure you are aware of your liabilities for all income tax and national insurance contributions before accepting payment as well as any potential effect on any state benefits you may be receiving.

Useful information about this can be found at <https://www.nihr.ac.uk/documents/payment-guidance-for-members-of-the-public-considering-involvement-in-research/27372>.